

CERTIFICATE OF PARTICIPATION

This is to certify that

**Frikkie
Bezuidenhoudt**

Has successfully participated & completed the

10km Prestige Trail Run Series #3 - Ingaadi Edition

held at Ingaadi Spa.

TIME 01:03:01

PACE 06:18/km

OVERALL 32 of 231

GENDER 23 of 93

40 - 49 6 of 23

05 August 2018, Sun

Date



BoutTime

Signature

